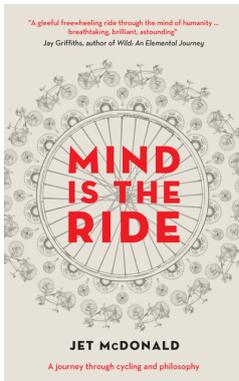


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breathtaking, brilliant, astounding'* - **Jay Griffiths**



## **MIND IS THE RIDE**

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### **About the Author**

Jet McDonald is a writer, musician and psychiatrist. He is the author of many articles for *Boneshaker Magazine* and has written for the *Idler*. He is a member of the Philosophy Special Interest Group of Royal College of Psychiatrists.

**He lives in Bristol and is available for interview, comment and events.**

